

the art of horse back riding is about feel , balance and timing. Feeling the horse with you hands, legs and seat. Maintaining a center of balance on the horse. Having the right timing and action to control your horse .

While working with your horse you should be able to feel the amount of pressure in your reins what I refer to as feeling the bit and the response of the horse to the given pressure in the bit, slowly applying more as needed and then releasing the pressure as the the horse give to the bit no pulling , jerking and and hanging on to the horses mouth .

