



.For no one can lay any foundation other than the one already laid, which is Jesus Christ. 1

Corinthians.3:11

When we get ready to ride we first saddle up the horse. This becomes the firm foundation from which we can work for the ride may get a little rough.

There are many jobs you can do from horse back. Some of these jobs require you to tie on to a firm foundation such as roping a steer to be brand or treated. Without the saddle seated firmly on the horses back it is easy to be pulled off your horse which can result in great harm to the rider. So when we saddle up we check our cinch, belly strap, and breast collar to make sure that the foundation that we are going to be working from is firmly seated. Is your foundation in Christ firmly seated? Have you checked your cinch recently? Much like the saddle in which we work from

God has given us a foundation for our daily life which is His Word, and a Helper to help us check our cinch which is the Spirit. We are told to put on the full armor of God (Ephesians 6:10-18) and much like the saddle there are many parts of the armor to keep your life foundation firmly seated so that we may be ready for any thing. We may get a little shook up but will not have unnecessary harm brought to us. So take the time and check your cinch daily.

Ephesians 6:10-18

10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor

of God, so that you can take your stand against the devil's schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God. 18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

